

### Background

IL-13 transforms cultured normal human bronchial epithelial (NHBE) cells into goblet cells that secrete mucus, leukotrienes and inflammatory mediators.

We have shown that clarithromycin, but not dexamethasone, can inhibit IL-13 goblet cell transformation of NHBE cells.

### Objectives

We hypothesized that azithromycin and dexamethasone would decrease the production of immunomodulatory mediators in goblet cells and we evaluated inflammatory mediator production by multiplex ELISA.

### Methods

#### Cell culture model

NHBE cells were grown for 14 days at air-liquid interface (ALI) with PBS vehicle or IL-13 5 ng/mL as well as azithromycin 1 µg/mL (AZ), dexamethasone 1 µg/mL (Dex), or DMSO vehicle.

#### Histochemical analysis

Histology was performed using H&E and periodic acid-Schiff (PAS) stains, and immunofluorescence for MUC5AC & acetylated α-tubulin for cilia.

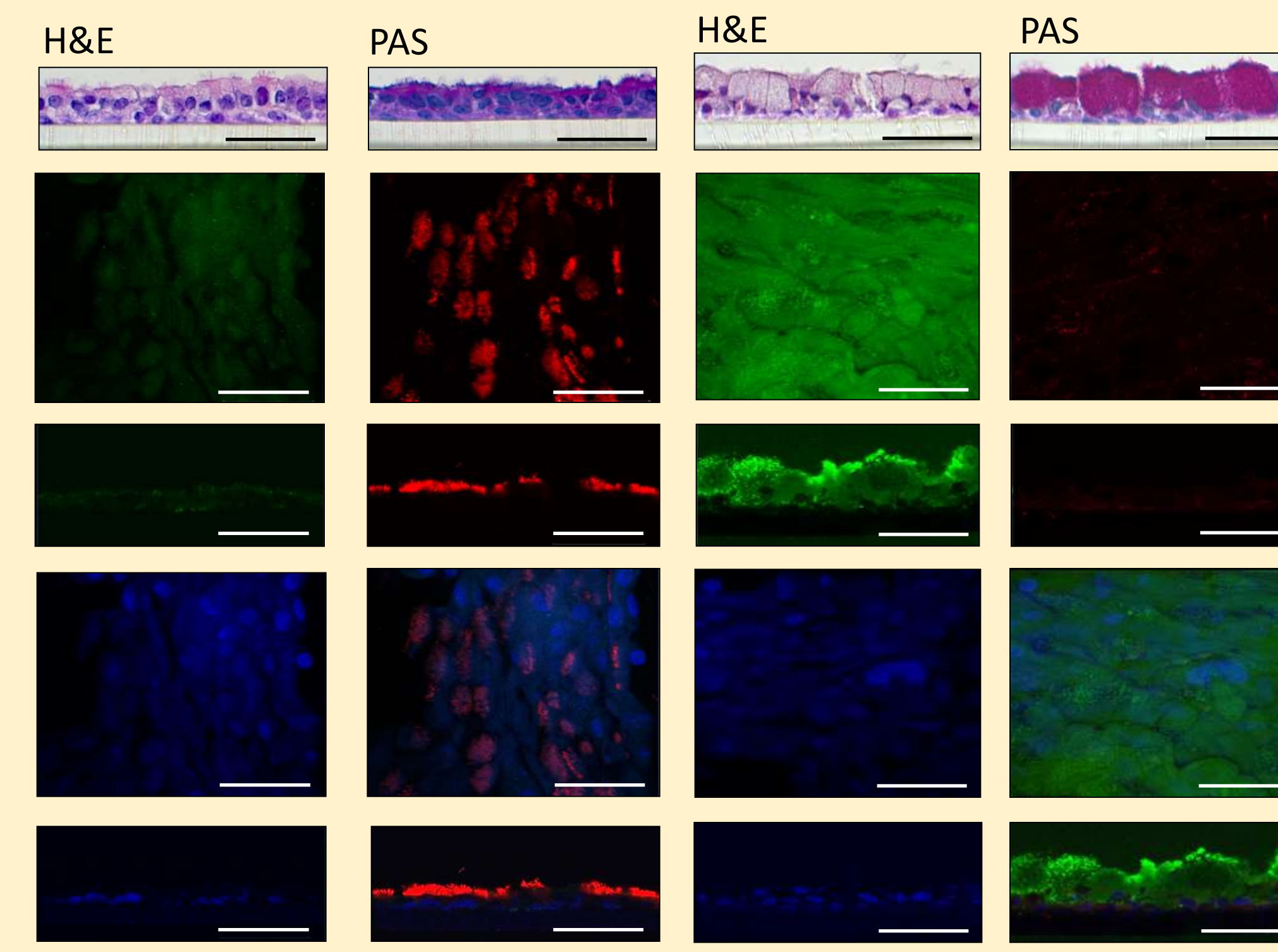
#### Multiplex bead assay

Multiplex bead assay of 25 inflammatory mediators was performed in the apical supernatants and basal culture medium from these cultured cells.

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### Results

#### Histology

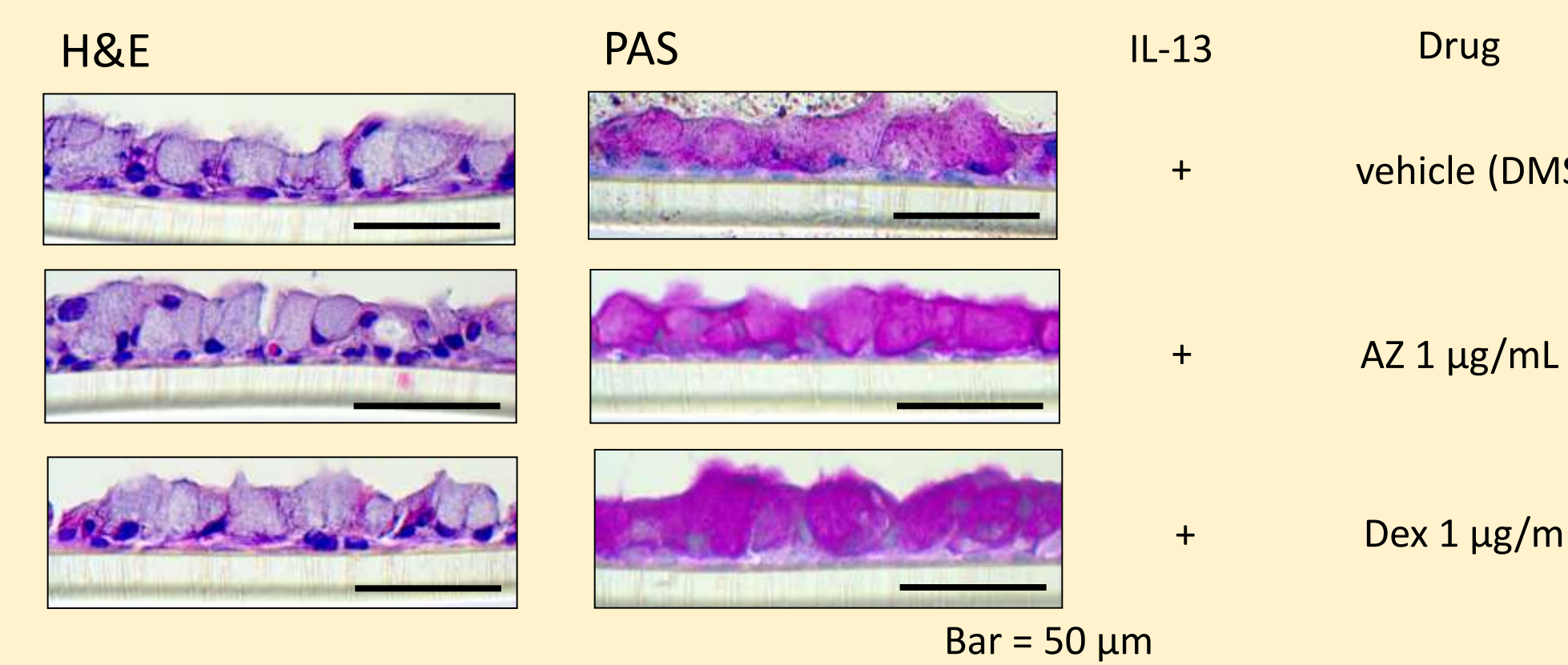


Ciliated cells phenotype with IL-13 vehicle (PBS)

Goblet cells phenotype with IL-13

Ciliated cells are weakly stained with MUC5AC and strongly stained with acetylated α tubulin at the surface of epithelial layers, whereas goblet cells with secretory granules strongly stained with MUC5AC, but there was no acetylated α-tubulin seen.

IF  
green; MUC5AC  
red; acetylated α-tubulin  
blue; DAPI  
Bar = 50 µm



Bar = 50 µm

#### Multiplex assay

##### Th1 cytokines & chemokines

Th1 cytokines & chemokines (pg/mL), n=4	basolateral media				apical supernatant					
	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value
IL-2	40.23	32.08	p=0.21	35.03	p=0.38	undetected	undetected	undetected	undetected	undetected
IL-12	120.33	120.38	p=0.28	110.35	p=0.89	51.63	43.14	p=0.25	44.96	p=0.38
IFN-γ	7.40	4.08	p<0.001	4.63	p<0.002	11.89	9.29	p<0.003	13.01	p=0.32
IP-10	1391.4	960.82	p<0.0001	793.90	p<0.001	1554.3	1666.9	p=0.55	1429.3	p=0.51
RANTES	433.85	232.08	p=0.19	292.00	p=0.34	750.89	532.58	p=0.14	495.93	p=0.09

##### Th2 cytokines

Th2 cytokines (pg/mL), n=4	basolateral media				apical supernatant					
	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value
IL-4	13.95	8.28	p<0.0001	8.70	p<0.0001	13.41	9.14	p<0.001	11.60	p=0.095
IL-5	9.83	8.20	p=0.082	8.03	p=0.05	8.74	7.23	p=0.14	8.14	p=0.48
IL-9	145.28	118.08	p<0.0001	138.88	p=0.36	73.84	60.45	p=0.064	58.00	p<0.04
IL-13	427.60	312.98	p<0.02	414.20	p=0.24	84.05	55.83	p<0.01	73.99	p=0.27

##### Th17 & Neutrophil activating cytokines

Th17 & Neutrophil activating cytokines (pg/mL), n=4	basolateral media				apical supernatant					
	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value
IL-17	15.15	4.05	p<0.0001	7.83	p<0.001	10.45	3.85	p<0.002	8.48	p=0.44
IL-8	9677.0	9217.2	p=0.18	9544.7	p=0.70	4094.4	4101.1	p=0.88	4029.4	p=0.85
IL-6	116.03	89.45	p=0.41	67.03	p=0.18	285.01	181.24	p<0.001	142.08	p<0.0001
G-CSF	52.78	44.28	p=0.62	29.08	p=0.18	79.23	94.13	p=0.15	33.98	p=0.11

##### Other pro-inflammatory cytokines

Other inflammatory cytokines (pg/mL), n=4	basolateral media				apical supernatant					
	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value
TNF-α	11.08	8.58	p=0.25	8.25	p=0.20	27.23	21.70	p<0.02	18.50	p<0.0001
IL-1β	7.28	5.88	p=0.31	5.65	p=0.24	16.09	14.80	p=0.35	13.10	p<0.04
MIP-1α	18.28	15.28	p=0.08	14.28	p<0.003	17.95	11.85	p<0.001	12.93	p<0.01
MIP-1β	48.40	46.45	p=0.83	35.78	p=0.18	55.45	60.85	p=0.87	42.73	p=0.18
MCP-1	393.65	339.20	p=0.30	169.03	p<0.0001	843.11	828.80	p=0.78	410.41	p<0.0001
IL-7	27.98	27.40	p=0.75	27.58	p=0.82	24.78	20.76	p<0.04	24.23	p=0.75
IL-15	79.90	67.95	p=0.49	72.10	p=0.65	undetected	undetected	undetected	undetected	undetected

##### Anti-inflammatory cytokines

Anti-inflammatory cytokines (pg/mL), n=4	basolateral media				apical supernatant					
	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value
IL-1RA	27.53	26.85	p=0.73	27.35	p=0.95	113.48	64.25	p<0.0001	127.00	p=0.31
IL-10	111.95	121.70	p=0.31	133.20	p<0.04	44.96	38.93	p=0.52	39.84	p=0.57

##### Other growth factors

Other growth factors (pg/mL), n=4	basolateral media				apical supernatant					
	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value	Goblet cells	AZ1µg/mL	p value	Dex1µg/mL	p value
bFGF	380.10	387.43	p=0.30	383.15	p=0.15	18.89	12.18	p<0.0001	16.74	p=0.32
PDGF-BB	22.10	18.20	p=0.83	15.88	p=0.72	187.55	190.48	p=0.87	147.35	p<0.04
VEGF	3455.4	3409.6	p=0.70	3160.5	p<0.003	1072.9	969.88	p=0.39	882.35	p=0.12

### Discussion

#### Histology:

Neither AZ or Dex inhibited goblet cell hyperplasia.

#### Th1 cytokines & chemokines:

IFN-γ and related chemokines were inhibited by both AZ and Dex.

#### Th2 cytokines:

IL-4 and IL-9 were inhibited by both AZ and Dex. IL-13 was inhibited by AZ but not by Dex.

#### Th17 & Neutrophil activating cytokines:

IL-17 and IL-6 were inhibited both by AZ and Dex.

#### Other inflammatory cytokines:

TNF-α and MIP-1α were inhibited by both AZ and Dex.

IL-1β and MCP-1 were inhibited by Dex and apical IL-7 was inhibited by AZ.

#### Other growth factors:

Growth factors, basolateral FGF, PDGF and VEGF, which may contribute to airway remodeling were not inhibited by AZ, however PDGF was inhibited by Dex.

### Conclusions

Inflammasome profiling suggests that the airway goblet cell is an inflammatory effector cell capable of producing proinflammatory cytokines and chemokines.

Although both AZ and Dex showed selective anti-inflammatory effects, AZ more effectively inhibited Th2 cytokines than Dex. AZ does not appear to have an effect on mediators associated with airway remodeling.